

Victory Charter School COVID 19 Protocols for Summer Sports Programs:

The following protocols adapted from Governor Little's Idaho Rebounds will be in place for Victory Charter School (VCS) summer athletics. The following plan is subject to change based on Southwest District Health guidelines and Idaho Rebounds policies. During all stages of summer activities individuals should continue to engage in physical distancing of at least six feet when possible, stay at home if sick, practice good hygiene, cover coughs and sneezes, and disinfect surfaces regularly.

In order to maintain six feet physical distance among students and staff:

- The only people allowed on site will be students and school staff. No parents, siblings, or children of school staff will be permitted.
- Students and staff will enter and exit the Victory gym through the front doors of the building only.
- Students will work out or practice in small groups when possible.
- Students will not be allowed to congregate to visit or socialize inside or outside the building.

In order to reduce the risk of spread of COVID-19 among students and staff:

- Any student or coach who has symptoms of illnesses should not attend summer workouts until he/she are symptom free for at least 24 hours. Coaches will communicate this to students every day.
- Carpooling to our campus or to team camps or tournaments out of town is discouraged.
- Doors in the Victory gym to the gym and weight room will be propped open so as to limit the touching of common surfaces.
- The only bathrooms that will be available in the gym will be those in the lobby.
- No one will be allowed to go anywhere else in the building. All doors to all other rooms will remain locked at all times. No locker room use is allowed.
- The concession stand in the Victory gym shall remain closed to all students and staff.
- Disinfectants sprays and/or wipes and/or hand sanitizer will be available in the lobby, gymnasium, and weight room of the Victory gym.
- Weight equipment in the Victory gym weight room must be sprayed and/or wiped down with a disinfectant by each person after completion of their exercises.
- Equipment (i.e. basketballs, volleyballs) used in the gymnasium must be sprayed and/or wiped down with disinfectant after each use. Equipment is not to be shared between groups.
- Use of drinking fountains is prohibited. Each person must have their own water bottle and none can be shared.

Specific guidelines for specific areas:

Less than 50 people are allowed in an indoor area and appropriate physical distancing and precautionary measures should remain in place. Outdoor activities can include more than 50 people.

- Gymnasium
 - Coaches and students should maintain six foot social distancing to the extent possible. Spread out to reduce contact.
 - Drills for individual skill development are encouraged.
 - Live play/scrimmage is permitted.
 - Use of drinking fountains is prohibited. Each person must have their own water bottle and none can be shared.
- Weight Room
 - Coaches and students should maintain six foot social distancing to the extent possible. Spread out to reduce contact.
 - Spotting should be done where two people can stand at either side of a third person lifting and not over or behind the lifter. If two spotters aren't available, do not attempt the lift, lessen weight, or do a different exercise to eliminate the need for a spotter. Safety shall never be compromised.
 - All equipment used during an exercise must be disinfected after completion of the exercise. This includes but is not limited to bars, weights, weight belts, plates, chair, benches, and mats.
 - Use of drinking fountains is prohibited. Each person must have their own water bottle and none can be shared.
- Outdoor areas
 - More than 50 students are allowed to participate and social distancing should still be maximized.
 - Conditioning and drills for individual development and exercise are encouraged.
 - Live play/scrimmage is permitted.
 - Each person must have their own water bottle and none can be shared.

Two important reminders:

- Coaches will keep a record of all individuals present each day.
- There will be nothing communicated that would give students or parents the idea that they will not be able to participate on the team or participate in competitions in the future or any other negative consequences if they do not participate in summer activities or workouts. In other words, no student should feel forced or coerced to participate in summer activities.